John Flynn Respiratory Lab

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| Date:  | Name:  |
| DOB:  | Telephone:  |
| Address:  |
| Height (cm):  | Weight (kg):  |
|  |
| **Please ensure your Doctor**  |
| **has completed the form prior to booking**  |
|  |
| TESTS REQUIRED : (please tick) |
| ❑ Spirometry (Pre and Post Bronchodilator) |
| ❑ Complex Lung Function (Spirometry, Diffusion Capacity, Lung Volumes) |
| ❑ Maximum Inspiratory and Expiratory Pressures (MIPS and MEPS) |
| ❑ Bronchial Provocation Test with Mannitol |
| ❑ High Altitude Simulation Test (HAST) |
| Clinical Notes: |
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|   |
| Referring Doctor:  |
| Provider No:  |
| Signature:  |
| Copies to:  |
|   |
|  |
|  Ph: 07 5598 9720 | Fax: 07 5598 9743 |
| Email: respiratorylab.jfp@ramsayhealth.com.au |
| Level 2 Rehab Fred McKay House |
| 42 Inland Drive, Tugun QLD 4224 |
| ABN: 85 083 035 661 |

TEST PREPARATION AND INSTRUCTIONS

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| **PLEASE WITHHOLD BRONCHODILATORS** |
| **REFRAIN FROM SMOKING****AVOID CAFFEINE** |

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| **TEST** | **MEDICATION YOU NEED TO WITHHOLD** | **TIME TO WITHHOLD MEDICATION** |
| Spirometry Complex Lung Function | Ventolin, Asmol, Bricanyl, Atrovent, Intal, Tilade, Airomir | 6 HOURS |
| Pulmicort, Flixotide, Seretide, Symbicort, Serevent, Foradil, Oxis, Nuelin | 12 HOURS |
| Spiriva, Onbrez | 24 HOURS |
| Mannitol Bronchial ProvocationNote: A spirometry should be performed at least a day prior to a Bronchial Provocation Test | Ventolin, Asmol, Bricanyl, Atrovent, Intal, Tilade, Airomir | 8 HOURS |
| Pulmicort, Flixotide, Seretide, Symbicort, Foradil, Oxis, Nuelin | 24 HOURS |
| Spiriva, Onbrez, Singulair, Zyrtec, Telfast, Claratyne | 72HOURS |
| High AltitudeSimulation Test(HAST) | N/A | N/A |

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| YOU CAN EAT AND DRINK PRIOR TO THE TEST, HOWEVER PLEASE AVOID CAFFINATED |
| FOOD OR BEVERAGES FOR 4 HOURS PRIOR TO YOUR LUNG FUNCTION TEST |
| (THIS INCLUDES COFFEE, TEA, COCA-COLA, ENERGY DRINKS AND CHOCOLATE) |