John Flynn Respiratory Lab

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| --- | --- | --- | --- |
| Date: | Name: | | |
| DOB: | Telephone: | | |
| Address: | | | |
| Height (cm): | | Weight (kg): | |
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| **Please ensure your Doctor** | | | |
| **has completed the form prior to booking** | | | |
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| TESTS REQUIRED : (please tick) | | | |
| ❑ Spirometry (Pre and Post Bronchodilator) | | | |
| ❑ Complex Lung Function (Spirometry, Diffusion Capacity, Lung Volumes) | | | |
| ❑ Maximum Inspiratory and Expiratory Pressures (MIPS and MEPS) | | | |
| ❑ Bronchial Provocation Test with Mannitol | | | |
| ❑ High Altitude Simulation Test (HAST) | | | |
| Clinical Notes: | | | |
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|  | | | |
| Referring Doctor: | | | |
| Provider No: | | | |
| Signature: | | | |
| Copies to: | | | |
|  | | | |
|  | | | |
| Ph: 07 5598 9720 | | | Fax: 07 5598 9743 |
| Email: [respiratorylab.jfp@ramsayhealth.com.au](mailto:reception@ramsayhealth.com.au) | | | |
| Level 2 Rehab Fred McKay House | | | |
| 42 Inland Drive, Tugun QLD 4224 | | | |
| ABN: 85 083 035 661 | | | |

TEST PREPARATION AND INSTRUCTIONS

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| **PLEASE WITHHOLD BRONCHODILATORS** |
| **REFRAIN FROM SMOKING**  **AVOID CAFFEINE** |

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| **TEST** | **MEDICATION YOU NEED TO WITHHOLD** | **TIME TO WITHHOLD MEDICATION** |
| Spirometry Complex Lung Function | Ventolin, Asmol, Bricanyl, Atrovent, Intal, Tilade, Airomir | 6 HOURS |
| Pulmicort, Flixotide, Seretide, Symbicort, Serevent, Foradil, Oxis, Nuelin | 12 HOURS |
| Spiriva, Onbrez | 24 HOURS |
| Mannitol Bronchial Provocation  Note: A spirometry should be performed at least a day prior to a Bronchial Provocation Test | Ventolin, Asmol, Bricanyl, Atrovent, Intal, Tilade, Airomir | 8 HOURS |
| Pulmicort, Flixotide, Seretide, Symbicort, Foradil, Oxis, Nuelin | 24 HOURS |
| Spiriva, Onbrez, Singulair, Zyrtec, Telfast, Claratyne | 72HOURS |
| High Altitude  Simulation Test  (HAST) | N/A | N/A |

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| YOU CAN EAT AND DRINK PRIOR TO THE TEST, HOWEVER PLEASE AVOID CAFFINATED |
| FOOD OR BEVERAGES FOR 4 HOURS PRIOR TO YOUR LUNG FUNCTION TEST |
| (THIS INCLUDES COFFEE, TEA, COCA-COLA, ENERGY DRINKS AND CHOCOLATE) |